

This newsletter was made  
**for Lake Lochwood residents,  
by Lake Lochwood residents.**  
Please take a few minutes to look inside and  
check out the 2014 Lake Lochwood initiatives:

-  **ECOSYSTEM STEWARDSHIP**
-  **RECYCLING & WATER CONSERVATION**
-  **HEALTH & WELLNESS**
-  **ENERGY EFFICIENCY & RENEWABLE ENERGY**
-  **LIGHTING & CRIME PREVENTION**



### Neighborhood Newsletter:

This newsletter was produced by Lake Lochwood Village community members in partnership with the City of Lakewood Sustainable Neighborhoods Program. We welcome your ideas, support, and participation.

### Stay Informed

Visit  
[SustainableNeighborhoodNetwork.org/LLV](http://SustainableNeighborhoodNetwork.org/LLV)

Contact us  
[SustainableLakeLochwood@gmail.com](mailto:SustainableLakeLochwood@gmail.com)

*"...creating balance among the environment, the economy and society to ensure that we do not compromise the quality of life for future generations."*

- Lakewood Comprehensive Plan

## UPCOMING PROJECTS ..... for ..... LAKE LOCHWOOD

### Ecosystem Stewardship

Neighborhood cleanups and education on wildlife habitat, permaculture, and noxious weeds.

### Recycling & Water Conservation

Household hazardous waste recycling, education on xeriscape, water conservation, and irrigation audits.

### Health & Wellness

Encouragement of active healthy lifestyles through the use of community groups, events, & classes

### Energy

Promotion of energy efficiency & conservation through energy audits and workshops.

### Lighting & Crime Prevention

Crime prevention through environmental design & lighting reviews.



# LAKE LOCHWOOD Sustainable Neighborhood

*Our ideas. Our neighborhood. Our home.*

## City of Lakewood Sustainable Neighborhoods Program

The Sustainable Neighborhoods Program gives residents the opportunity to become active partners in making Lakewood a vibrant and sustainable community. Neighborhoods participating in this unique certification program use guidance from the City staff to organize workshops, projects and events that enhance the livability of their neighborhood and reduce resident's ecological footprint.



### LLV Sustainable Neighborhood Newsletter: 1st Edition 2014

Being partners with the City of Lakewood in its Sustainable Neighborhood Program (SNP) is a real honor. It is exciting to be working with Jonathan and Leslie as they pull individuals, communities and neighborhoods together to educate and inform us of the value of working collectively to make Lakewood and LLV a more vibrant and sustainable place to live.

Not only does our work together meet many of the goals of your HOA and its Long Range Planning Team, but most, if not all, of the Projects, Special Events, Workshops and Implementations we put in place also ensure what we do is in sync with the neighborhoods around us and with the City of Lakewood. Thus building a stronger and more unified place to live and work.

Working with the City greatly improves our access to resources that can assist us in refining and reaching our goals. Several of your SNP teams have already reached out to city departments and regional utilities to move forward with the goals and plans you and your neighbors have asked to be addressed.

Lastly, and certainly not least of all, the tangible and intangible ways this partnership benefits LLV is it *ups* our game within the real estate market. We all want the value of our homes to, at least, stay strong, but being known as a "Certified Sustainable" neighborhood (which is well within our grasp— more on that later) can only help to push us toward the top of the list of townhouse communities available in such a sought-after area as Lake-wood.

Since being accepted into the SNP, your neighbors have created five standing committees to initially address the five key areas established by the SNP: Energy, Air, Water, Land and, of course, People.

There are four other SNP communities within the city limits. All of these groups are larger, and some much larger than our LLV group. Our LLV community is around 72 homes; some of the other groups have over 3,000 homes represented. But overall we are all part of a great beginning to a very important process.

It is our very strong hope that many of you within LLV (either owner or resident) will see a team that you feel you can support and join. Or maybe you'll sense a team that is missing from our initial list! If so, speak up! We can have as many teams working as we can support and will bring us closer to our goals.

Participating neighborhoods earn program credits for projects and initiatives and, depending on the number of credits earned in a given year, may receive City designation as an "Outstanding Sustainable Neighborhood," earning custom signage for the neighborhood.

Learn more at  
[SustainableNeighborhoodNetwork.org](http://SustainableNeighborhoodNetwork.org)

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# Lake Lochwood Sustainability Initiatives

## Lake Lochwood Sustainable Neighborhood's Focus

All of these teams have had meetings and planning sessions since our beginning with Jonathan and the City this past June. In fact, most of the teams have had one or more events, activities or workshops over the past months. The listing and results of our actions (see them on the city's SNP website: [SustainableNeighborhoodNetwork.org](http://SustainableNeighborhoodNetwork.org)) have already garnered our community 20 credits within the program. Well on our way to 60 credits for a "Participating Neighborhood" certification and then to the "Outstanding Neighborhood" certification when we reach 100 credits. At the outstanding level we will receive both signage and citywide recognition for our achievements. So, please join us in being part of the process of becoming a more sustainable community. Pick a team to join or start a team with your neighbors to help create a better place to live your life and invest your time, energy and money! As more of us join in, the easier the work and the quicker we reach our goals. Thank you for all you've done and all you are about to do. I enjoy being your neighbor. If any of you have questions or concerns please reach out to me.

- David Anderson

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### RECYCLING & WATER CONSERVATION

**Recycling mission:** To inform and protect the health and safety of our community in regards to Recycling.

#### Projects

##### 2013

This committee's introduction to LLV was held at our clubhouse in late summer. Eleven households were interested in 96 gallon recycle bins. Information was shared on the types of things that Republic Waste would pick up. A Blue Flag will be displayed on our mailbox kiosks one day prior to recycle pick up day.

In October, LLV's Recycling & Water Conservation team held a "Hazardous Materials" event to collect and properly dispose of those hazardous materials we all have piling up in our garages and basements. LLV residents were encouraged to bring any hazardous materials they wished to recycle to a central collection point in the community. Volunteers collected, loaded, and hauled the materials to the Rooney Road Recycling Center where recycling experts sorted and accepted them for proper disposal. A full truckload of old paint, cleaning materials, petroleum products and used electronics were delivered for recycling.

##### 2014

Your Recycling team plans on hosting events like this throughout the year: Save up and join in! \*Just as a reminder: Best Buy will take TVs, computers, printers, etc. at any time.

**Water Conservation mission:** To better understand our water usage and implication of more sustainable options for our future.

#### Projects

##### 2013

Water usage here in LLV is historically our second largest monthly expense. In an effort to better understand how these areas contribute to our total water costs, we asked Denver Water (DW) to review our usage and systems. DW personnel were on site last October to run a preliminary water usage audit. A full audit wasn't possible at that time because our irrigation systems were closed down for winter. However, DW offered several recommendations which we hope to have in place so we can reschedule a full audit in late spring once the irrigation systems are running.

##### 2014

Prior to a spring "startup", this committee plans to research suppliers/installers of flow meters and present a plan to the HOA to install them into our irrigation system (as recommended by DW) so after the system is opened we can have DW back out for a full and complete audit. The data gathered will help us make future water-use decisions and implement conservation measures where desirable and appropriate as decided by the community. Possible measures might encourage: xeriscaping in common areas, ways to reduce water consumption, research of government incentives for installing water efficient technologies in our homes.

#### Join the team

For more information:  
Contact Jack Jenkins or Jane Mead



### ENERGY EFFICIENCY & RENEWABLE ENERGY

**Mission:** Promote energy efficiency and encourage conservation through energy audits and workshops.

#### Projects

##### 2013

Team meetings and several of our residents have had professional energy audits. Other homes have upgraded windows and doors to more efficient multi-paned configurations.

##### 2014

Several workshops and community talks are in the planning stages to help us better understand some of the things we can do to make our homes more energy efficient and lower the costs associated with heating, cooling, running appliances and lighting.

#### Join the team

For more information:  
Contact Katherine Foote



### HEALTH & WELLNESS

**Mission:** Promote active healthy living through community groups, events and classes

#### Projects

##### 2013

The initial activity planned was a rollicking good time on the dance floor. Suzie had a social interaction/group dynamic event otherwise known as "Square Dancing", complete with a professional caller (Bob Riggs) from Castle Rock.

The next activity from your Health & Wellness team was created by Judith Anderson, one of our resident health care professionals. She developed an exercise program that could be modified as needed for participants. We had ten neighbors who made the commitment to exercising in the swimming pool throughout the summer, meeting 3 times/week for an hour.

In mid-August Suzie had a very well attended introduction to a 7 week course on prevention and management of chronic disease, called Consortium for Older Adult Wellness/Living a Healthy Life with Chronic Conditions. One of the main goals for the participants was to learn to self-manage their health, lower health costs and develop realistic goals to cope with change. Bottom line; a healthy combination of laughter and brain-storming brought about learning to actively tackle some of the issues of aging and to see themselves take charge of their own well-being.

##### 2014

Suzie's first project for 2014 is a neighborhood survey to learn what our neighbors consider to be important to them in regards to Health and Wellness.

#### Join the team

For more information:  
Contact Suzie Linenberger



### LIGHTING & CRIME PREVENTION

**Mission:** To help keep our community safe.

#### Projects

##### 2013

This past summer your team leader, Korbie Perkins, worked closely with two officers of the Lakewood Police Department to create a comprehensive report called Crime Prevention Through Environmental Design (CPTED). The goal of CPTED is the reduction of opportunities for crime to occur. The results of this report have been finalized into a PowerPoint presentation that has been submitted to your HOA board for review and action planning.

##### 2014

We are in the process of setting up a community event to share our CPTED results and review possible actions.

Contacting Xcel Energy to review our street lighting and discuss possible updates to include recommendations from CPTED.

#### Join the team

For more information:  
Contact Korbie Perkins  
or David Anderson



### ECOSYSTEM STEWARDSHIP

**Mission:** Adjoining wildlife habitats, noxious weeds and permaculture projects in conjunction with our community, the City of Lakewood and Bancroft Clover Water.

#### Projects

##### 2013

Hosted several team meetings and planning sessions.

##### 2014

A Spring review is tentatively planned.

#### Join the team

For more information:  
Contact Ann Brna

