

This newsletter was made

for Belmar residents, by Belmar residents.

Please take a few minutes to check it out!

This newsletter was produced by the Belmar Community Connection registered neighborhood organization in partnership with the City of Lakewood Sustainable Neighborhoods Program. We welcome your ideas support and participation.

www.Facebook.com/BelmarSustainable

BCConnection@gmail.com



National Night Out Tuesday, August 7th 5:00-8:00 p.m. Belmar Square Park

It's a Potluck, so bring a Dish

extras provided by Baker St. Pub & Grill, Century Theater, Champa Street Burger Works, Delaney's Deli, Elephant Bar Restaurant, Jamba Juice, Little India Restaurant & Bar, Mile High Wine & Spirits, P.F. Chang's China Bistro, Paciugo Gelato & Caffe, Ted's Montana Grill, The Oven Pizza e Vino, R Design LLC, The Press Coffee Company, The Rock Wood Fired Pizza & Spirits, Wasabi Sushi Bar, Whole Foods Market Belmar, Wystone's World Teas, and Zinga! Frozen Yogurt

This is a non-alcohol event

Hosted by Belmar Community Connection (BCC), Belmar and Target

Upcoming Events

August 7, 2012 National Night Out 5:00-8:00 p.m. Belmar Square Park

August 11, 2012 (Every Saturday Morning) Belmar Walkers 8:00 a.m. Health Passport, 463 S. Vance St.

August 23, 2012 Sustainable Neighborhoods Workshop & Community Garden Tour

6:30 p.m. Meet at Health Passport, 463 S. Vance St. for a brief meeting, followed by a tour of the new community garden at the Learning Source, 455 S. Pierce St.

Lakewood Sustainable

Neighborhoods participating in this unique certification program use guidance from City staff to organize workshops, projects and events that enhance the livability of their neighborhood. Participating neighborhoods earn program credits for their efforts and depending on the number of credits earned in a given year, may receive City designation as a "Lakewood Sustainable Neiahborhood"





Belmar Residents Participating in Lakewood's New Sustainable Neighborhoods Program

Do you know what kind of light bulbs to buy when Merriam-Webster defines it as "capable of being the old ones burn out? sustained". All right then. Wikipedia's definition of sustainability is longer, but sounds rather vague and Do you know we have a wind farm in Belmar? complex to me.

Do you know that leaving your car at home two days per week this summer is one of the best ways you can help reduce ozone creating pollutants?

If you have questions of your own and are interested in exploring what *sustainable* is and what we can do to achieve it in Belmar, please join us on our journey Do you know why the streets in Belmar are narrow of discovery through the Sustainable Neighborhood and the sidewalks are wide? Program, sponsored by the City of Lakewood and coordinated by Belmar Community Connection.

Do you know how many tons of asphalt were recycled in developing Belmar?

We will be organizing workshops, projects, and events and we're looking for others with questions, Do you know there is a Belmar walking group? ideas, and/or expertise. Check us out and join us on Do you know we have an *EXPRESS* bus [87X] to Facebook.com/belmarsustainable or email downtown Denver departing at Vance and Alaska? BCConnection@gmail.com.

Do you know what these questions have in common?

They fall under the up-to-date heading of Sustainable Living. If you're like me you wonder what sustainable means? I looked it up on the Internet.

Belmar's Community Garden Breaks New Ground

Belmar's Community Garden, located just east of east of South Quay street and adjacent The Learning Source, is off to a beautiful start. Belmar residents who chose a Downtown Lakewood lifestyle now have a place to practice their gardening skills. In cooperation with The Learning Source and Denver Urban Gardens, Belmar residents mapped out 17 individual plots with irrigation and walkways and began planting in June. This was a true community effort and part of a movement seen all around Den- Join us for a tour of the garden and to learn more ver to beatify unused spaces as well as put folks back in touch with growing their own food.

Leann Wood Lupomech, President, Belmar Community Connection



about the Sustainable Neighborhoods program at 6:30PM on August 23rd at The Learning Source.

Neighborhood Sustainability Workshop May 2012



Belmar residents have been working together to identify sustainability initiatives for 2012. Now is your chance to join your neighbors in building a sustainable community. If you are passionate about one the topics below, contact the appropriate neighborhood volunteer to offer your help and expertise.

Current Projects:

Current Projects:

• Fitness in the square

• Belmar Health Passport

partnership. Class information

www.myhealthpassport.org

• Healthy eating

reduction

• Recycling resource database

• Business partnerships for waste

• Community composting



Mission: Reduce neighborhood emissions and improve indoor and outdoor air quality.

Current Projects:

- Promote regional air quality initiatives
- Participate RTD's Tour de Fastracks promoting the new bike path along the West Corridor Light Rail line.

JOIN THE LEADERSHIP **TEAM!**

Looking for dynamic leaders with creative ideas, and anyone passionate about protecting our air and environment.

> **Contact: Cathy Hatfield** hatfieldcc@earthlink.net



Mission: Reduce waste in the neighborhood through green purchasing, composting, and recycling.

JOIN THE LEADERSHIP TEAM!

Looking for zero-waste experts and anyone passionate about reducing waste, recycling, and composting.

> **Contact: Val Manzi** valmanzi49@gmail.com



Mission: Promote active living and wellness through community groups, events, and classes offered at Belmar Health Passport.

JOIN THE LEADERSHIP TEAM!

Looking for anyone passionate about active living, nutrition, fitness, and community.

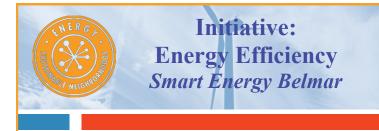
> **Contact: Robin Wilkerson** robinwilkerson@centura.org



Mission: Build a strong community network that encourages collaboration, communication, and participation in sustainability initiatives and events.

Current Projects:

- Expanding neighborhood social media network
- Print and electronic newsletters and communication
- Marketing & promotion of initiatives and events



Mission: Promote energy efficiency in the neighborhood and encourage conservation and use of renewable resources.

Current Projects:

- Residential energy audits
- Establish community-wide reduction targets
- · Explore alternative energy opportunities for residents in Belmar

JOIN THE LEADERSHIP TEAM!

Looking for experts in energy conservation, alternative energy, handymen and handywomen to help with home efficiency upgrades, and anyone passionate about clean energy and energy conservation.

> **Contact: Doug Wells** dougwells33@gmail.com

2012 Belmar Sustainability Initiatives Your neighborhood needs you! Share your expertise.

JOIN THE LEADERSHIP TEAM!

Looking for social media/web experts, marketers, gossip columnists, fast talkers, graphic designers, and anyone with creative ideas and a desire to help facilitate community collaboration.

> **Contact: Julie Garra** Garra.julie@gmail.com



Mission: Promote local foods, urban agriculture and Belmar's new community garden.

Current Projects:

- Enhance Belmar's new community garden
- Promote local food production and resources
- Container, hydroponic, and traditional gardening workshops

JOIN THE LEADERSHIP TEAM!

Looking for green thumbs, localvores, canners, cooks, composters, and anyone passionate about gardening, community, and urban agriculture.

> **Contact: Colby Hatfield** hatfieldcc@earthlink.net